

How's My Hearing?

Use the brief questionnaire below to see if you may be experiencing some degree of hearing loss. Be sure to evaluate each question carefully and answer honestly to ensure an appropriate evaluation. A “YES” is worth 4 points, “SOMETIMES” is worth 2 points, and “NO” is worth 0 points.

Questions	Yes	Sometimes	No
1. Does a hearing problem cause you to feel embarrassed when meeting new people?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Does a hearing problem cause you to feel frustrated when talking to members of your family?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Does a hearing problem cause you difficulty hearing/understanding coworkers, clients or customers?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Does a hearing problem cause you difficulty when visiting friends, relatives or neighbors?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Do you feel handicapped by hearing problems?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Does a hearing problem cause you difficulty in the movies or theater?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Does a hearing problem cause you to have arguments with family members?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Does a hearing problem cause you difficulty when listening to a radio or TV?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Do you feel that difficulty with your hearing limits or hampers your personal life?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Does a hearing problem cause difficulty when in a restaurant with relatives or friends?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	TOTAL	<input style="width: 80px; height: 20px;" type="text"/>	

Total Points

0 to 9 points
10 to 24 points
25 to 40 points

Diagnosis

Little or no hearing loss
Mild to moderate hearing loss
Significant hearing loss

0 to 9 points: Obtain a professional examination to determine your hearing baseline. If you experience occasional difficulty in certain situations, ask your hearing professional about hearing enhancement products.

10 to 24 points: A complete hearing examination is recommended. Mild to moderate hearing loss is associated with difficulty understanding speech, particularly in the presence of background music.

25 to 40 points: A complete hearing examination is recommended. Significant hearing loss results in increased difficulty hearing and understanding in all situations.

